



# TRUE Mental Health & Wellness, PLLC

*Trust. Rapport. Understanding. Encouragement.*

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## **CRISIS / EMERGENCY SERVICES**

**\*\*IF YOU ARE EXPERIENCING A LIFE THREATENING**

**EMERGENCY, CALL 911\*\***

<b>Alliance Health Crisis Response 24-Hour Crisis Hotline</b>	800-510-9132 or 919-560 7100
<b>Alliance Health Mobile Crisis Team 24-Hour Hotline</b>	877-626-1772
<b>Daymark Recovery Services</b>	910-295-6853
<b>Friend to Friend</b>	910-947-3333
<b>InterAct Sexual Assault and Domestic Violence 24-Hour Crisis Hotline</b>	SA: 919-828-3005 DV: 919-828-7740
<b>Moore County Dept of Social Services (DSS)</b>	910-947-2436
Abuse Hotline (child or Adult)	910-947-5683
Family Promise of Moore County	910-944-7149
Sandhills/Moore Coalition for Human Care	910-693-1600
<b>National Alliance for Mental Illness (NAMI)</b>	910-295-1053
<b>Suicide Prevention Hotline</b>	800-273-8255
<b>UNC Crisis and Assessment Services 24-Hour Hotline</b>	919-250-1260
<b>Aging-Senior Enrichment Center</b>	910-215-0900
<b>Domestic Violence Hotline</b>	800-799-7233
<b>Drug Free Moore County</b>	910-947-1902
<b>Moore County Health Department</b>	910-947-3300
<b>Moore County Detention Center (Jail)</b>	910-947-2980
<b>Moore County Courts Facility</b>	
Clerk of Courts	910-722-5000
Custody Mediation	336-328-3274
District Attorney	910-722-5010
Magistrate's Office	910-947-2107
<b>Moore Free Clinic</b>	910-246-5333
<b>Public Safety</b>	
Emergency/Sheriff/Fire Marshall	911
Sheriff - nonemergency	910-947-2931
<b>Sandhills Center LME/MCO</b>	800-257-2452
<b>Veterans Crisis Line</b>	800-273-8255
<b>Crisis TEXT Line</b>	<b><u>text HOME to</u></b> 741741